For Foreigners



City Residential Newsletter

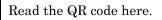
Chiba City ちば

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発行:(公財)千葉市国際交流協会 Issued by: Chiba City International Association 〒260-0026千葉市中央区千葉港 2-1 千葉中央コミュニティセンター2 階 2F Chiba Chuo Community Center, 2-1 Chibaminato, Chuo Ward, Chiba City TEL:043-245-5750 FAX:043-245-5751 Monday to Friday from 9:00 – 19:30; Saturday from 9:00 – 16:30 ホームページ HP:<u>https://www.ccia-chiba.or.jp/</u> フェイスブック FB: https://www.facebook.com/ccia1994

You can download this newsletter.





ちょうし 千葉市からのお知らせ City News

その育児の不安 一人で抱え込まないで Don't Keep Your Child Raising Concerns to

<u>Yourself</u>

The number of people who are struggling alone with child rearing is rising. There are many kinds of supports available in Chiba City, so please use them as necessary. If you don't talk about your concerns to others, you may end up abusing your child. It is necessary that we all help prevent child abuse.



Consult: 健康推進課 Health Promotion Division **四**043-245-5223

★Mother-Child Comprehensive Health Support Center

Provides constant support for you so you can get pregnant, deliver your baby, and raise the baby worry-free.

Contact: 母子健康包括支援センター Mother-Child Comprehensive Health Support Center

 Chuo
 3043-221-5616
 Hanamigawa
 3043-275-2031

 Inage
 3043-284-8130
 Wakaba
 3043-233-6507

 Midori
 3043-292-8165
 Mihama
 3043-270-2880

★Support for post-partum anxieties and concerns Support is available if you are concerned about not having someone to help you after you have your baby, worried about breastfeeding, or about taking proper care of the baby.

Contact: 劾保支援課 Early Childhood Education and Care Support Division **☎**043-245-5180 Why don't you learn Japanese at CCIA?

For more details, read the QR code here.

千葉市生活情報誌



★Parenting Support Concierge

You can consult about day care or parenting services with specialized staff who will work

closely with you.

Contact: 保健福祉センター こども家庭課 Child and Domestic Affairs Division, Health and Welfare Center

Chuo **20**43-221-2172 Hanamigawa **20**43-275-6421 Inage **20**43-284-6137 Wakaba **20**43-233-8150 Midori **20**43-292-8137 Mihama **20**43-270-3150

 \star Preventing child abuse as a society

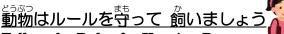
Child abuse can leave terrible physical or emotional damage, and can negatively impact their growth or development. To prevent child abuse, it must be found and handled as early as possible.

Contact: こども家庭支援課 Child and Domestic Affairs Division ☎043-245-5608

If you suspect that something might be child abuse, please use the contact info below.

児童相談所 Child Guidance Center ☎043-277-8880 everyday, 24 hours

Home page <u>千葉市 電子申請 児童虐待</u> ("Chiba City Online Application Child Abuse")



Follow the Rules for Keeping Pets

November is animal risk prevention month. It is important to understand the nature of animals in order to live together. Additionally, do not harm animals, as it is a crime.

 \star Things to note when owning a pet

1 Please train them properly. Train your animal.

If it hurts someone, you must report the incident. ② In case of disaster or your pet going missing, ensure that you have your vaccination records (including rabies, if you have a dog) and a pet license. Make sure that your pet has an identification tag and microchip inserted.

③ Clean up your animal droppings.

④ Discarding animals is a crime. Be responsible for them as long as they are alive. Consider contraceptives or neutering of your animal if you don't want them to get pregnant.

★To dog owners

① Please make sure that your dog is registered and vaccinated for rabies once a year.

② Do not let your dog run outside freely. Keep

your dog on a leash when going for a walk.

\star To cat owners

Keep your cat inside. Cats allowed outside could cause property damage, be struck by a vehicle, or spread disease.

Contact: 動物保護指導センター Animal Protection and Guidance Center ☎043-258-7817

らいねんど していじてんしゃちゅうしゃじょう

定期利用事前受付(一次墓



Accepting Applications for 2022 Fiscal YearDesignated Bicycle Parking Spots (First acceptance)

Until Fri., November 19, Chiba City is accepting parking spot applications

for bicycles and scooters under 125cc. (for April 2022 to March 2022)

How to apply: Get a "Fixed Use advance application notice" (定期利用事前受付のお知らせ) at a ward office or a parking spot in your neighborhood.

Fees: depend on parking spot

Additional applicants: Bicycle parking lots with few applicants will accept additional applications in January 2021.

★Temporary parking lot use

Temporary use is available at bicycle parking lots that have a caretaker or an automatic payment machine.

Fees: 100 yen for bicycles, 150 yen for scooters under 50cc

For more details, search for <u>中葉市 駐輪場</u> ("Chiba City Parking Lot") or enquire below. **Contact:** 自転車政策課 Bicycle Policies Division **2**043-245-5149

11月は 乳幼児突然死症候群 対策強化月間 参方 やんの突然死を 防ぎましょう November is Sudden Infant Death Syndrome Prevention Reinforcement Month

Prevent SIDS

Sudden infant death syndrome (SIDS) is a sudden unexplained death. You and people around you can follow these suggestions to reduce the risk of SIDS.

- ① Lay children down on their backs until they are 1 year old
- 2 Breastfeed baby as much as possible
- ③ Don't smoke

Contact: 健康支援課

Health Support Division **2**043-238-9925



しゅうしょくひょうがきせだい 就職氷河期世代の チャレンジを応援します

Help for People Finding Work in the "Employment Ice Age"

People with an interest in manufacturing jobs can learn the skills or attitude required for them.

Date and Time: Tues., December 15 • Fri.,

December 17 • Wed., December 22,

9:30-12:30 • 14:00-17:00 (3 days, twice a day)

Location: 幕張勤労市民プラザ Makuhari Citizen's Labor Plaza

Details: Explanation of support programs for finding work, business manners training, etc. **Eligibility:** people looking for formal employment, ages 35-54

Capacity: first 10 people to each time slot

Apply: Web page 辛葉市 モノづくり

("Chiba City Manufacturing")

Contact: チャレンジ事務局 Challenge Bureau **☎**03-5348-2039



しんがた 新型コロナウイルス感染症関連情報 COVID-19 Related News

Learn about what kind of COVID-19 related measures Chiba City has in place.

 \star Support for people in financial difficulty

① Consultations about living expenses People whose income has been reduced because they are temporarily laid off, lost work, etc., can apply for loans to help cover living expenses (limit to amount borrowable). People who already receiving the loan are not eligible.

Application deadline: Tues., November 30 For more details, search for

「「葉市社協 コロナ 特例貸付」("Chiba City Council Corona Special Loans") or enquire below.

Contact: 千葉市社会福祉協議会 生活福祉資金事務 センター Administrative Center for Livelihood Welfare Funds, Chiba Council of Social Welfare **☎**043-209-8780

②Housing-related consultations (Housing Assurance Benefit)

People who cannot pay their rent because they lost their job or other reasons can receive a benefit equivalent to that of their rent.

Application deadline: Tue., November 30 For details such as conditions, please search for

<u>手葉市 住居確保給付金</u> ("Chiba City Housing Assurance Benefit")

Contact: 保健福祉センター社会援護課 Social Support Services Division, Health and Welfare Centers

Chuo **3**043·221·2147 Hanamigawa **3**043·275·6416 Inage **3**043·284·6135 Wakaba **3**043·233·8148 Midori**3**043·292·8135 Mihama **3**043·270·3148

④ Postponement or reduction of public utility fees and other fees

People who cannot pay their fees on time (such as municipal tax, public utility fees, social insurance fees, water and sewer fees, daycare fees, etc.) can get a postponement or reduction of the fees. For

more details, search for <u>「葉</u>市コロナ 公共料金 ("Chiba city corona public utility fees") or enquire at the respective service desk.

\star Please continue basic measures

① Wash and disinfect hands often

to prevent infection

Corona Vaccine Navi

② Wear a mask

3 Keep physical distance with other people

④ Avoid large crowds of people, or getting too close to others

(5) Check your temperature every day, and don't go outside if you don't feel well

\star A Variety of Consultations and Inquiries

① Vaccination General Information (COVID-19 Vaccine Navi)

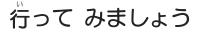
For information on medical institutions where you can get the vaccine, the type of vaccine, and how to make an appointment, please search for \Box ロナワクチン ("Corona Vaccine").

② Consultation on Infection Control and Health

Concerns:

新型コロナウイルス感染症相談センター COVID-19 Consultation Center **☎**043-238-9966 9:00-19:00 ③ For reservations, vaccination venue, and vaccination ticket issuance

[↑]葉市コロナワクチン接種コールセンター Chiba City Corona Vaccine Call Center ☎0120-57-8970 (8:30-21:00) Saturdays and Sundays 8:30-18:00



Let's Go!

しんがた <u>新型コロナウイルスの影響で催し</u> へんこう ちゅうし えんき (イベント)が変更・中止・延期になる場合が

<u>あります</u>

Events may be Changed, Cancelled, or Postponed Due to COVID-19

Do not go to events if you are not feeling well. Please ask the event host for up-to-date information.



いすみし ぜんこうえん 泉自然公園の もみじまつり

Maple Leaf Festival in Izumi Nature Park

A maple leaf festival will be held at Izumi Nature Park, where the autumn leaves are in full bloom. Come and enjoy autumn leaves and nature. **Date:** From Saturday, November 13 to

Sunday, December 5

Venue: Izumi Nature Park

For further information on events during the season, please search for <u>读首然公儀</u>もみじまつ り ("Izumi Nature Park Maple Leaf Festival) or inquire below.

Contact: (雑)オリエンタルコンサルタンツ Oriental Consultants Co., Ltd.**☎**070-7473-2500

ちはなちゃんの お誕生日会

Birthday Party for Chihana chan

Would you like to celebrate Chihana chan's birthday?



Chihana chan's birthday? Date: Saturday, November 20, 10:00-15:00 Venue: Chiba Park Rengetei

Content: VR experience to enjoy the Oga Lotus in full bloom, picture story show, toys from the good old days, and items for sale are available. **Contact:** 線故課 Greenery Administration

イルミネーション特集

Special Feature about Illumination

The cold season has come. Here are some of the best light display in Chiba City that make the city glow beautifully on a winter night.

★Makuhari Illumi 21/22

Dome-shaped sculpture glowing iridescently and rainbow-colored pyramids will light up the city. **Venue:** JR Kaihimmakuhari Station (South and North exit square)

When: From Friday, November 12 to Monday, January 31, 2022. 17:00-23:00

There are light displays or events around the commercial facilities and the hotels. For more details, please inquire below.

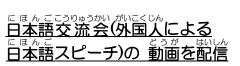
Contact: 幕張新都心イルミネーション美行委員会 Makuhari New City Illumination Executive Committee **☎**043·213·6911

★ Chiba Urban Illumination Lumirage Chiba 2021/2022

Lumirage Chiba hopes that the light of hope from this illumination will serve as an encouragement and reach all those who are working hard to prevent the spread of COVID-19 infections. **Period:** Friday, November 26 to Monday, February 14, 2022, 17:00-21:00

Venue: Chuo Koen promenade (Main street in front of JR Chiba station)

For more details, please search for ルミラージュ ちば ("Lumirage Chiba") or inquire below. Contact: 主葉都心イルミネーション実行委員会 Chiba Urban Illumination Executive Committee **☎**043·227·4103





<u>Video Streaming of Nihongo Koryukai</u> (Japanese Speeches Presented by Foreigners)

You can watch Japanese speeches presented by foreign residents on Saturday, October 23 through video streaming. There are various types of speeches, from fun speeches to moving speeches. Please access from the QR code below.

CCIA's Facebook







Health and Consultations

LGBT Phone Consultation You can consult regarding your gender or of people around you. You do not have to say your name

Date and Time: Every third Sunday, 14:00-18:00, (30 minutes per consultation)

Consultation Hotline: **2**043-245-5440

Contact: 男女共同参画課 Gender Equality Division **☎**043-245-5060

かいこくじん ろうどうそうだん ほうりつそうだん か国人のための 労働相談・法律相談

Legal and Labor Consultations for Foreigners

① Labor consultations with a labor and social

security attorney Thursday, December 9, 13:00-16:00 ② Legal consultations with a lawyer Monday, December 20, 17:00-20:00



Where: 辛葉市国際交流プラザ (中央区千葉港2-1) Chiba City International Communication Plaza (2-1 Chibaminato, Chuo-ku)

Capacity: First 4 people to apply (for ① and ② each). The consultation is free. Those who desire interpretation services should request them when making a reservation.

Apply/Contact: 千葉市国際交流協会 Chiba City International Association **क**043-245-5750

[Editor's Note] "S from THANKS"

On the 23rd of October, the 5th Nihongo Kouryukai was held at Chiba City International Association. People of all ages, from junior high school students to adults, gave speeches in Japanese. In order to prevent the spread of COVID-19, many people in society now communicate online. Online has the advantage of increasing efficiency by reducing travel time to and from work and school, however, the problem is that it's hard to tell what the other person is thinking. When people talk face to face, many things other than words are communicated, including body language, and other people can sense this, which leads to better understanding and empathy. At this event, held in person for the first time in a long time, I was reminded of the power that direct dialogue can have. I strongly hope that we overcome this corona disaster and our society go back to normal immediately. I hope that you will be able to get a sense of the presenters' thoughts and feelings through the videos.