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City Residential Newsletter

千葉市生活情報誌

<u>Chiba City ちば</u>

発行:(公財)千葉市国際交流協会 Issued by: Chiba City International Association 〒260-0026千葉市中央区千葉港 2-1 千葉中央コミュニティセンター2 階 2F Chiba Chuo Community Center, 2-1 Chibaminato, Chuo Ward, Chiba City TEL: 043-245-5750 FAX: 043-245-5751 Monday to Friday from 9:00 – 19:30; Saturday from 9:00 – 16:30 ホームページ HP: <u>http://www.ccia-chiba.or.jp/</u> フェイスブック FB: <u>http://www.facebook.com/ccia1994</u>

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⁵ 千葉市からのお知らせ CITY NEWS

^{ねんまつねんし} 年末年始のお知らせ

Year End/New Year Business Hours

City hall and ward offices will be closed from Tuesday, December 29th to Sunday, January 3rd. The Chiba City Call Center will remain open and accept questions.

Chiba City Call Center: 245-4894 Weekdays, 8:30-21:00

*Until 17:00 on New Year holidays, Saturdays, Sundays, holidays

ふゆ こうつうあんぜんうんどう 冬の交诵安全運動

Safe Winter Driving Movement

Because it gets darker outside earlier in the winter, a safe winter driving movement is happening for 10 days in Chiba Prefecture from Thurs., December 10 to Sat., December 19. The slogan for the movement is "avoid accidents, use high beam light of your headlights frequently". Prevent traffic accidents by following traffic rules and practice proper driving conduct.

$\star {\bf Main}$ Goals of the Movement

① Preventing accidents during the evening, nighttime, and dawn

- 2 Not driving after drinking alcohol
- 3 Preventing accidents involving children and the elderly

④ Riding your bike carefully Contact: 地域安全課 Community Safety Division 帝245-5148

<u>作ろう! マイナンバーカード</u> Let's Apply for a My Number Card!



A My Number card is a personal identification document, and can also be used for various government services, electronic applications, etc. Use this opportunity to apply for one! You can receive a maximum of 5,000 yen's worth of points per person until March 2021.

Things You Can Do with a My Number Card (personal number)

① Receive a copy of your residence record at convenience stores, or to get your Seal Registration Certificate, etc.

⁽²⁾ From March 2021, it can be used as a health insurance certificate at certain medical institutions, pharmacies, etc.

For more details on how to apply or about My

Number points, ask or search for <u>毕業市 マイナン</u>

 $|\underbrace{\neg \neg \neg - F}|$ ("Chiba City My Number card").

Contact: 区役所市民総合窓口課 Citizens' General Inquiries Division (at ward offices)

Chuo **3**221-2110 Hanamigawa **3**275-6237 Inage **3**284-6110 Wakaba **3**233-8129 Midori **3**292-8110 Mihama **3**270-3129

しんがた 新型コロナウイルス感染症関連情報

Information about COVID-19

Please be careful of the following situations as they increase the risk of infection.

- 1 Social gatherings with drinking alcohol
- 2 Long feasts in large groups
- $(\textbf{3} \quad \textbf{Conversations without masks} \\$
- 4 Living with others in small spaces

⁽⁵⁾ Switching locations, such as going from your workplace to a break room or a changing room

★Please call the hospital you normally go to if you develop a fever, etc. Please ask if you don't know which hospital to go to.

Contact: 新型コロナウイルス感染症相談センター Coronavirus Consultation Center ☎238-9966 Weekdays 9:00-19:00

*Until 17:00 on Saturdays, Sundays, and holidays

しょうがっこうにゅうがく 小学校入学の準備金を支給します Provision of School Attendance Subsidy



The City provides a subsidy for guardians who are economically disadvantaged and have a child who will enroll into elementary school in April 2021. It helps to cover fees such as classroom supplies and commuting costs. The subsidy is planned to be provided in late March.

Amount: 51,060 yen (planned)

For more details on how and when to apply, please search for 主要市就学援助 ("Chiba city school attendance subsidy"), or ask.

Contact: 245-5928, or the elementary school you plan to enroll your child in



にんちしょう とも い にんちしょう とも い 認知症を知る 認知症と共に生きる

Understanding and Living with Dementia

Dementia is when someone suffers from severe forgetfulness, doesn't know what to do, and has trouble in their daily life. In five years, around 30% of Chiba City's population will be aged 65 or over. It is said that around 12% of people over the age of 65 may become affected by dementia. Dementia is an illness that can affect anybody. Chiba City is aiming to become a city where even people with dementia can still play active roles in society. If you are concerned about dementia, don't hesitate to consult.

Consult: ちば認知症相談コールセンター Chiba Dementia Consultations Call Center ① Telephone Consultations: **☎**238-7731 Monday, Tuesday, Thursday, Saturday, 10:00-16:00 *Excluding holidays and the year-end period ② In-person Consultations Friday, 10:00-16:00 Location: 中央区十葉港4-3 千葉県経営者会館5階 Chiba Prefectural Employers' Hall F5, 4-3 Chibaminato, Chuo-ku *Please make a reservation by phone ☎ 238-7731



Prevention Reinforcement Month

December is Illegal Dumping

Don't Do or Allow Illegal Dumping!

Ignoring the rules and throwing trash onto the road or vacant land is called 'illegal dumping.' Please follow the trash separation guidelines. The city has cameras set up and is patrolling areas. There are also rules for disposing of household electronics and bulky items.

There are people who go around collect items, usually in small trucks. They have not received permission from the City to do so. Some troubles have been reported in the past, so please be careful.

Contact: 収筆業務課 Waste Collection Operations Division ☎245-5246 蓬葉廃棄物指導課(釜属スクラップなど) Industrial Waste Disposal Oversight Division (for metal scraps, etc.) ☎245-5683

Seeking Tenants for Available Municipal

<u>Housing</u>

① For General Households

People with low income, people who live in the city, people who work within the city, etc. can apply. There are other conditions that must be met.

② Limited Term Housing (for households with children)

In addition to the requirements in (1), parents less than 45 years old and who have children younger than elementary school age can apply. You can live there for 10 years.

Please ask for more details regarding ① and ②.

Application Form: Will be distributed starting from Mon., December 21 at the following locations. Chiba City Housing Supply Corporation (Chuo Community Center 1F), the Community Promotion Division of each ward office, Prefectural Residency Information Plaza (中央区 教育1-16, 1-16 Sakae-cho, Chuo-ku). Registration days: January 1st, 2021 (holiday)-Sun., January 10th, 2021. Applications should be postmarked.

Lottery Date: Fri., January 29

Scheduled Move-in Day: after Thurs., April 1st, 2021

*Duplicate applications not accepted

 \star Regular Municipal Housing Resident Registration

You can apply any time. Early applications will be attended to first. Registration information will be distributed at the City Housing Supply Corporation.

Contact: 千葉市住宅供給公社 Chiba City Housing Supply Corporation ☎245-7515

んだ 行ってみましょう Let's Go! <u>新型コロナウイルスの影響で催し</u> (イベント)が変更・中止・延期になる場合が あります

Events May Be Changed, Cancelled, or

Postponed because of COVID-19 If you are unwell, please do not attend large events. For up to date information, please search for 董ட 二 二 "Chiba City Novel Coronavirus"

^{なんぶせいしょうねん} 南部青少年センター ^{おやこ ふとま まし} 親子で 太巻き寿司を つくろう Nanbu Youth Center



Parents and Chidren Make Thick Rolled Sushi Together

Date: Saturday, December 26 10:00-12:00 Eligibility: Elementary school students and guardians Capacity: First 6 pairs Fees: 1,500 yen Venue/Apply: Nanbu Youth Center (1-3 Shirahata, Chuo-ku) **2**264-8995

<u>子ども交流館</u>

Events at Kodomo Korvu Kan Come to the venue directly. Children under elementary school age must be accompanied by their parents to participate in the events. ① Open Workshop "Make shiny Kagami Mochi" Date: Sunday, December 27, 14:00-16:00 Eligibility: From 4 years old to high school students **Capacity**: First 16 people ② Open Kitchen "Make Mochi Pon de Keiju" Date: Monday, December 28 10:30-11:00/11:00-11:30/11:30-12:00/12:00-12:30 Eligibility: From 4 years old to high school students

Capacity: First 4 people to come each time Venue/Apply: Kodomo Koryu Kan (4-5 Chuo, Chuo-ku) **2**202-1504 *Closed on Tuesdays

ばんこう 健康・相談 Health and Consultations インフルエンザを 予防しましょう

<u>Prevent the Flu</u>

Flu prevention can reduce the risk of getting COVID-19. Please pay attention to the followings. ① Wash your hands after you come home and before meals.

② Avoid crowds as much as you can.

- ③ Sleep well, rest well, and eat
- well-balanced meals.
- ④ Wear a mask when going out
- and/or meeting someone.
- ⁵ Keep humidity levels between
- 50% and 60% in your room.

6 Get vaccinated

Those who are over 65 years old can get vaccinated for 1,800 yen. (It is free for those who are exempt from municipal taxes.)

For more details, please inquire below.

Contact: 学防接種電話相談窓口 Telephone Consultation Call Center for vaccination **四**245-5400

かせんしょうたいさくか 感染症対策課 Infectious Disease Control Division **審**238-9974

こころと いのちと おかねの相談会

<u>Consultations about your heart, life and money.</u> Date: Saturday, December 26, 10:00-15:00 Venue: On the 15th floor inside Qiball (4-5 Chuo, Chuo-ku)



Content: You can consult with a judicial scrivener, clinical psychotherapist, and a psychiatric social worker about the law related to your life, mental problems, and health problems.

Capacity: First 10 people

Ask/Apply: 千葉司法書士会 Chiba Judicial

Scrivener Association 2246-2666

<u>こころの健康センターの相談</u>



- <u>Mental and Emotional Health Center</u> <u>Consultations</u> ① Alcohol/Drug Addiction Consultations (for
- (1) Alcohol/Drug Addiction Consultations (for those who are mentally ill because of alcohol or dangerous drugs):

Fri., December 18, 15:30-17:00

- 2 Consultations for the elderly: Thurs., December 17, 14:00-16:00
- Pubescent Mental Health Consultations: Mon., January 4, 10:00-12:00/ Fri., January 8, 14:00-16:00
- ④ General Consultations:
 Wed., January 6, 10:00-12:00
- ⑤ Gambling Addiction Consultations: Wed., January 13, 12:30-16:30

Content: You can consult with a medical

professional in (1)-(4). You can consult with a judicial scrivener in (5)

judicial scrivener in (5).

Eligibility: The actual person with these issues or their family members

Apply/Ask: こころの健康センター(美浜区高浜2) Mental and Emotional Health Center (2 Takahama, Mihama-ku) ☎204-1582

じんけんようごいいん しょうせつじんけんそうだん 大権擁護委員による常設人権相談

Special Consultation with a Human Rights Commissioner

Date: Weekdays 8:30-17:15

Content: Concerns about human rights such as discriminative treatment, defamation,

harassment, or bullying.

Consult by phone: 空国共通 人権相談ダイヤル National Human Rights Counseling Line ☎0570-003-110 Contact: 千葉地方法務局人権擁護課 Chiba

District Legal Affairs Bureau Human rights protection **a**302-1319

だんじょきょうとうちんかく か 男女共同参画課 Gender Equality Division **審**245-5060

<u>あなたの「働く」を応援します!</u>

We Support Your Job!

Chiba City holds seminars and consultations to support people working in the city. Don't miss it! ★Issues about unpaid wage, work conditions,

problems at work

Labor consultation **a**300-8282 Weekday 9:00-16:00



Saturdays and Sundays 9:00-15:00

 \star Consultations for job seeking, and changes to lifestyle, well-being, and housing options after starting a new job.

① Furusato Hello Work Inage (Inside Inage City hall) **2**84-6360

 ② Furusato Hello Work Midori (Inside Midori City Hall) \$\mathbf{a}\$292-8655

You can make a reservation for ① or ② during the week from 9:00-17:00.

Contact: 雇用推進課 Employment Promotion Division 四245-5278

がいこくじん 外国人のための 労働相談・法律相談

Legal and Labor Consultations for Foreigners

 Labor consultations with a labor and social security attorney Thu., January 9, 13:00-16:00



⁽²⁾ Legal consultations with a lawyer Mon., January 18, 13:00-16:00

Where: 千葉市国際交流プラザ (中央区千葉港 2-1) Chiba City International Exchange Plaza (2-1 Chibaminato, Chuo-ku)

Capacity: First 4 applicants (for ① and ② each). The consultation is free. Those who desire interpretation services should request them when making a reservation.

Apply/Ask: 辛葉市国際交流 協会 (Chiba City International Association) ☎245-5750

[Editor's Note] "N from THANKS"

New Year is around the corner. How fast time goes by. (Since I am old, I feel this way all the time.) It was a tough year because of the outbreak of COVID-19. Many events were cancelled and even the Olympics have been postponed to next year, but is it going to be held next year? Am I the only one who is worried? I hope that COVID-19 will be eradicated as soon as possible in the New Year.