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千葉市生活情報誌

Chiba City・ちば

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ホームページ HP: http://www.ccia-chiba.or.jp/

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This newsletter is available at:

http://www.ccia-chiba.or.jp/005003jyoho/index.html

千葉市からのお知らせ CITY NEWS

「ひとづくり応援カタログ」を配りました

Now Distributing Personal Development

Support Catalogues

Personal development is an important part of dynamic community development. This catalogue introduces 4 types of services connected to personal development. It has been distributed to city residents so that they can make use of these good services for a low price.



- 1 Health
 - Health checks, personal training, etc.
- ② Skills and Certifications Nursing care training, English conversation lessons, etc.
- ③ Lessons & Activities for Children Winter courses, spring courses, sports lessons, etc.
- 4 Culture and Lifelong Learning Cooking lessons, music lessons, art lessons, etc.

Services listed in the catalogue can be used at 40% off by buying gift certificates. There are many services that can be used by all ages from children to adults. Gift certificates will be on sale until Sunday, March 13 of next year.

attending school in the city. Please see the catalogue/website for more details on available services/how to purchase gift certificates. (Search

" 「幸幸市ひとづくり" for the website.)

Those who have not received catalogues can get them from city hall, ward offices, public centers, etc.

Questions: 主葉市ひとづくり応援カタログ事務局 Chiba City Personal Development Support Catalogue Office **2**201-6317

エンゼルヘルパーを 利用してください

Make Use of the Angel Helpers

Angel Helpers can assist you with housework or childcare when you are feeling sick.

Who can use the service:

- ① Those who are pregnant or gave birth less than 4 months ago who do not have anybody to assist them during the day
- ② Those raising twins, triplets, etc. who are less than 1 year old

Housework services:

Preparing/cleaning up after meals, laundry, cleaning, shopping, etc.

Childcare services:

Providing milk, changing diapers, giving baths, etc.

Hours:

8:00 - 18:00 (not including year-end/New Year) Number of times services can be used: 2 hours each time, twice per day, up until a total of 20 times Cost: 1,650 yen (2 hours each time)

Please inquire for more details on how to apply, number of times services can be used, cost, etc.

Questions: 保育支援課 Child Care Support Division **2**245-5180

しゅうがくえんじょせいと 就学援助制度を ご活用ください

Make Use of the Support System for School Attendance

Chiba City provides financial support to cover the costs of school supplies and school lunch for children.

Eligibility: Elementary or junior high school students attending municipal schools whose families meet any of the following criteria:

- ① Welfare benefits have been stopped or canceled
- ② Exempt from municipal taxes
- 3 Receiving dependent child allowances
- Receiving a reduction in or exemption from National Pension or National Health Insurance premiums
- ⑤ Other special circumstances with financial need

Applications: Pick up an application from your child's school and fill in the required information before submitting it to the school

Questions: 学事課 School Affairs Division 245-5928

行って みましょう Events

「 デ要ポートタワーC サイドクリスマス 2015 Chiba Port Tower C Side Christmas 2015

(1) Illumination Tree

Chiba Port Tower (1 Chuoko, Chuo-ku), which has been named a nighttime scenery heritage spot, will be lit up with an illumination every evening at 17:00 through Friday, December 25.

2 Special Nighttime Cruise

Come see the nighttime scenery of factories and the illumination tree of Port Tower from a ship.

When: Sat., 12/12, Sat., 12/19, Hol., 12/23 – Fri., 12/25 from 17:00 – 17:50

Capacity: First 100 people each day

Cost: 1,000 for adults, 500 yen for elementary/junior high school students. Tickets are available after 14:00 at the reception on the first floor of Port Tower.

Questions: 幸葉ポートタワー Chiba Port Tower **な**241-0125

ルミラージュちば 2015

Lumirage Chiba 2015

The area between Chiba Station and Chuo Park, shopping district, and Qiball will be illuminated until Wednesday, January 13. The lights will be on from 17:00-23:00, except on Thursday, Dec. 31, when they will stay lit until 3:00 the next morning.

Questions: 主葉都心イルミネーション実行装賞会 Central Chiba Illumination Planning Committee ☎227-4103

「千葉市の魅力をお届け! 「千葉あそび」 See What Chiba Has to Offer! 'Chiba Asobi'

Chiba Asobi is a free magazine that introduces people to the delights of Chiba City's oceans, nature, and urban areas. Please have a look!

★ Oceans: Shopping at the Market and Exclusive Foods

① The Local Wholesale Market is usually closed to the public, but for this event a guide will take you around the produce section of the market. You can also try a special Chiba Asobi rice bowl limited to tour participants.

When: 1/19, 1/23, 2/13, 2/27 of next year (all Saturdays)

Cost: 2,500 yen

② Seaweed Experience (Including Buffet Meal)

When: 1/9, 1/16, 1/23, 1/30, 2/13, 2/27 of next year (all Saturdays)

Cost: 2,500 yen (other prices available)

③ Italian Dinner and Diamond Fuji Photoshoot

When: Thu., 2/25, Fri. 2/26, Sat., 2/27 of next year

Cost: 3,500 yen

★ Nature: Get an Early Start at the End of the Year! Strawberry-Picking in the Afternoon

An enticing plan that involves enjoy

strawberry-picking in December, a season where they are in high demand. Participation begins in the afternoon.

When: Wed., 12/16, Sat., 12/19, Wed., 12/23, Sat., 12/26

Cost: 2,500 yen (other prices available)



Other events are also available.

★ Become A Swordsman! Swordfight Filming Plan

1 This plan offers the chance to learn classic martial arts and the art of drawing your sword from a professional sword fight choreographer, then film a scene fighting professional stuntmen with your family and friends. Be sure to give this a try! When: Fri., 12/18 (2015), Sun., 1/10, Mon., 1/18, Mon., 1/25, Sun., 1/31, Sat., 2/6, Mon., 2/8, Wed., 2/17, Mon., 2/22 (2016)

Cost: 7,000 yen (other prices available)

② Beijing, Shanghai, Guangdong, Taiwan: **Chinese Food Tour**

When: 12/21 (2015), 1/18, 1/25, 2/15, 2/22

(2016) (all Mondays) Cost: 2,000 yen

There are also other events available.

Where to get the Chiba Asobi Winter Issue

Chiba City Tourist Information Center (Chiba Station, Kaihin-Makuhari Station), Ward Office Community Promotion Division, public centers, libraries, 7-11 stores within the city, etc. The issue is also available online

(search for | 客号 手葉あそび)

Questions: 集客観光課 Tourism and Visitors Division **☎**245-5066

子育てママのおしゃべりタイム Chitchat Time for Mothers

Expecting mothers or those raising children are free to participate. Your children may also come along. Participants can also consult problems or concerns about child-raising. Enjoy free time talking with other mothers or playing with children. The time is from 10:00-12:00. Come directly to the venue to meet new friends in the same circle or to refresh.

★ Chuo Ward:

Shinjuku Public Center, Mon., Dec. 21

Questions: 数ケ丘公民館 Matsugaoka Public Center **2**261-5990

★ Hanamigawa Ward:

Makuhari Public Center, Thu., Dec. 24

Questions: 素張公民館 Makuhari Public

Center **2**273-7522

★ Inage Ward:

Konakadai Public Center, Mon., Dec., 14

Questions: 小中台公民館 Konakadai Public Center **2**251-6616

★ Wakaba Ward:

Mitsuwadai Public Center, Thu., Dec. 17

Questions: 予城台公民館 Chishirodai Public

Center **2**237-1400

★ Midori Ward:

Honda Public Center, Mon., Dec. 14

Questions: 美田公民館 Honda Public Center

2291-1512

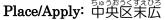
公民館の講座

Classes Schedule at Public

Centers

★ Winter Holiday / New Year Japanese Calligraphy 'Kakizome'

> When: Sat., Dec. 26 from 10:00-12:00 and 13:00-15:00 Eligibility: Elementary school students, grades 3-6 Capacity: first 15 students



公民館 Chuo-ku Suehiro Public Center (3-2-2 Suehiro) \$\mathbb{\pi}264-1842\$ Come directly or call.

★ New Year's Ornament Making

When: Sat., Dec. 26 from 13:00-15:00

Target: women

Capacity: first 15 people Cost: 2,000 yen (for materials)

Where/Apply: 花見川区犢橋公民館(犢橋町 162-1) Hanamigawa-ku Koteihashi Public Center (1-162 Kotehashi-cho) 259-2958. Call directly or call.

★ Christmas Bread Baking

When: Wed., Dec. 16 from 13:00-16:00

Target: female adults Capacity: first 14 people

Cost: 700 yen

Where/Apply: 稲毛区草野公民館(園生町 384-93) Inage-ku Kusano Public Center (384-93 Kusano-cho) \$\mathbb{\pi}287-3791.

Come directly or call.

★ Christmas Flower Arrangement for Table Tops 'Hana de Mukaeru Xmas~'

When: Sun. Dec. 20 from 9:30-11:30

Target: adults

Capacity: first 10 people

Cost: 1,500 yen (for materials)

Where/Apply: 藻じおゆみ野公党館(おゆみ野

ச் 🛱 🛱 2-7-6)Midori-ku Oyumino Public Center

(2-7-6 Oyumino Chuo) \$\mathbf{\beta}293-1520.

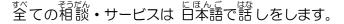
Come directly or call.

★ New Year's Lantern Made of Japanese Paper Making

When: Mon., Dec. 21 from 9:00-12:00

Target: adults

Capacity: first 15 people



Cost: 1,200 yen (for materials)

Where/Apply: 幸 町 公民館 (幸 町 2-12-14) Saiwai Public Center (2-12-14 Saiwai-cho) **2**247-0666. Come directly to the venue with the cost for materials

^{ゎゕゖとしょかん} 若**葉図書館** ファミリーマジックショー

Family Magic Show at Wakaba Library

When: Hol., Dec. 23 from

14:00-14:30

Where: Chishirodai Public Center (2 Chishirodai Nishi, Wakaba-ku)

Eligibility: children ages 3 and above (guardians may join)

Capacity: first 80 people

Apply: 若葉図書館 Wakaba Library **2**237-9361 Come directly or call. Closed Mondays.

ジェフ選手に学ぼう! 1day サッカースクール Play with JEF Players 1day Soccer School When: Hol., Jan. 11 from

10:00-12:00

Where: 稲毛海浜公園スポ

ーツ施設Inage Kaihin Park, Sports Facility Ball Ground

Eligibility: Elementary school students

Capacity: first 120 people

Depending on team's condition, some athletes may

not join.

Apply/Ask: 福毛海浜公園スポーツ施設 Inage Kaihin Part Sports Facility **西**247-2443

Camminate Sports Facility 6247

Come directly or call to apply.



健康・相談 Health & Consultations

じょせい 女性のための健康相談

Health Consultations for Women

Consultations are available about mental or physical problems or concerns related to female hormones, etc. Consultation is via telephone with public nurse. Available from Monday to Friday (excepts holidays) from 9:00-12:00 and 13:00-16:00

Ask/Consult: 健康支援課 Health Support Division 238-1220

がん検診の検診期間は 来年2月29日(月)までです!

Examination for Cancer is until February 29, 2016!

Examination for cancer is ongoing. It is expected to be crowded starting January 2016. Taking your examination as early as possible is recommended. Those sent the examination coupon in May, can avail the service until 31st of December. Use your coupon while valid!

Ask: 健康支援課 Health Support Division **公**238-9930

がいこくじん 外国人のための 無料法律相談

Free Legal Consultation for Foreigners

When: Mon., Dec. 21 from 17:00-20:00

Where: 与葉巾 監察交流プラザ 会議室(中央区中

英2) Chiba City International Communication Plaza Conference Room (2 Chuo, Chuo-ku)

Capacity: First 4 people

Reservations are required. Please consult when

applying if you would like an interpreter.

Apply/Ask: 羊葉市 国際交流協会 Chiba City

International Association

2202-3000

