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Chiba City Residential Newsletter

千葉市生活情報誌

Chiba City・ちば

発 行:(公財)千葉市国際交流協会

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Monday to Friday from 9:00 - 20:00; Saturday from 9:00 - 17:00

ホームページ HP: http://www.ccia-chiba.or.jp/

フェイスブック FB: http://www.facebook.com/ccia1994

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This newsletter is available at:

http://www.ccia-chiba.or.jp/005003jyoho/index.html

千葉市からのお知らせ CITY NEWS

11月は 児童虐待 防止推進月間です

(もしかして あなたが敷う 小さな手)

November is Child Abuse Prevention Promotion Month (You can save a child!)

Cases of child abuse continue to occur each year. In 2014, reported number of abuse cases increased to 786 including physical and oral abuse. Abuse leaves physical and mental scars and has a negative effect on growth and development of a child. In order to prevent child abuse, it is important to notice and report the signs early, and for communities, schools, and society to work together. Your cooperation in protecting children and supporting guardians in need is important.

If you suspect a child abuse:

Everyone's awareness has great effect in saving children. If you notice the following signs of abuse, please call immediately the City's Child Guidance Center.

Child's condition: constant crying of a child, unnatural wounds or bruises on the child's body, always filthy or wearing untidy clothes

Parent's condition: often yelling, non-consultation of child's sickness or injuries with doctor, leaving child at home for trip unaccompanied.

Don't be burdened alone! Call the Child and Domestic Affairs Division, Child Guidance Center. Your consultation will be kept confidential.

Questions: うども家庭支援課 Child and Domestic Affairs Division **否**245-5179

字どもルーム(学童保育)が 来年4月からの

利用申込を受付ます

Now Accepting

Application for 'Kodomo Room' for April 2016

Kodomo Room'is a facility available for school children grades 1 to 5, whose guardians are out working, etc. on daytime.



Application period:

 $1^{\rm st}$ application period: Wed., Nov. 4 - Mon., Nov. 30 $2^{\rm nd}$ application period: Tue., Dec. 1 - Wed., Jan. 6 of next year

① Where to avail the application form:

Kodomo Room, Health and Welfare Center Child and Domestic Affairs Division, Civic Center's Contact Office, and City Hall 1st Floor. Also may access the printable form via the city homepage.

② Application procedure:

Fill-out the form and send to the Health and Welfare Center Child and Domestic Affairs Division of your chosen 'Kodomo Room' together with required documents such as employment certificate, etc. via mail, or hand it directly.

Available hours:

Monday-Friday

★ regular school after school -18:00 (extension is until 19:00)

★ extended vacation 8:00-18:00

(summer/winter

holiday, etc.) (extension until 19:00)

Saturdays 8:30-16:30

(extension not allowed)

makeup holidays due 8:00-18:00

to school events, etc. (extension until 19:00)

Basic fees:

Months other than 7,400 yen

July and August

 July
 8,100 yen

 August
 9,600 yen

① extended hours until 19:00, additional of 1,000

yen

2 50% discount on the basic fee from the 2nd child with the same family enrolled

③ discounts available depending on the guardian's income tax payment

④ snack allowance costs 2,000 yen per month **Apply/Ask:** Ward's Health and Welfare Center

Child and Domestic Affairs Division

Chuo **\$\Bar{2}21-2172** Wakaba **\$\Bar{2}33-8150**Hanamigawa **\$\Bar{2}275-6421** Midori **\$\Bar{2}292-8137**Inage **\$\Bar{2}284-6137** Mihama **\$\Bar{2}270-3150**

保育所・認定こども園・事業所内保育・小規模 保育・家庭的保育が 来年4月からの子どもを 募集します

Accepting Applications for Day Care Center, 'Nintei Kodomo-en', Work-place's Childcare Facilities, Authorized Small-scale Childcare, and Family Day Care Centers

Eligibility:

① Registered residence and who are actually living in Chiba City

Children whose guardians are unable to take

care of them at daytime due to work, sickness, nursing care, etc.

Where to avail the application form:

Please avail a copy from the Health and Welfare Center Child and Domestic Affairs Division or Day Care Facilities. (Saturdays until 12:00)

Application and application period:

Fill out the application form and send to the Health and Welfare Center, Child and Domestic Affairs Division of the Day Care Facility of your choice via mail, or hand them directly. Application is until 17:30 of Wednesday, January 6, 2016

- ① You will notified of the interview schedule via mail after the application confirmation
- 2 Interview will be carried on accordingly by the

- Child and Domestic Affairs Division, so make sure to allocate adequate time.
- ③ Those who wish to register unborn child, please contact the Health and Welfare Center, Child and Domestic Affairs Division.

Apply/Ask: Ward's Health and Welfare Center Child and Domestic Affairs Division

 Chuo
 \$\mathbf{Z}221-2172
 Wakaba
 \$\mathbf{Z}233-8150

 Hanamigawa
 \$\mathbf{Z}275-6197
 Midori
 \$\mathbf{Z}292-8137

 Inage
 \$\mathbf{Z}284-6137
 Mihama
 \$\mathbf{Z}270-3150

ほいくうんえいか 保育運営課 Child Care Administration Division

2245-5726

Students

い学校へ 入学する前の 健康診断 Health Examination for Incoming Grade School

Medical check-up for incoming students of public elementary school in the city starts. Guardians of eligible students are sent school health notice 「競学

時健康診断書」in form of a postcard. Those who have not received it yet, please

ask the Health and Physical Education Division. **Eligibility:** incoming elementary students of April 2016 or Special Support School (children born between April 2, 2009 and April 1, 2010) Documents will be sent to you by the school one week prior to the examination date. Fail to receive the documents, please contact the school indicated in the notice.

Questions: 保健体育課 Health and Physical Education Division **お**245-5943

About the school intended to enroll:

The School Affairs Division will send school admission notice '汽草通知書' by end of January, 2016.

For foreigners:

Child enrollment form 「児童入学申請書」has been sent to those who transferred to Chiba City until September 1, 2015. Those who moved in on September 2 onwards and those who have not received the form yet, please ask.

Questions: 学事課 School Affairs Division **西**245-5927

とくていけんこうしんさ けんこうしんさ **特定健康診査・健康診査**

年1回必ず 受けましょう

Be Sure to Take Specified Health Examinations and Health Examinations Once A Year

The city offers specified health examinations and health examinations to prevent lifestyle diseases such as diabetes and high blood pressure. Those who are eligible were sent vouchers around mid-May. If you have not already taken



an examination, please do so soon. If you have lost your voucher or joined National Health Insurance/the medical system for those aged 65 and older after April 1, please contact the Health Insurance Division to be sent an examination voucher. Applications can also be done online. Those enrolled in company health insurance or their family members should ask the employer for more details.

Eligibility: Specified health examinations – those aged 40-74 who are enrolled in National Health Insurance. Health examinations – those who are enrolled in the medical system for those aged 65 and older

Examination deadline: Mon., Feb. 29, 2016

Cost: 500 yen for specified health examinations, free for health examinations

Examination locations: Places listed on the guide sent with the voucher

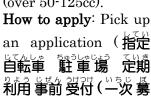
How to take an examination: Make a reservation and bring your voucher, health insurance card, and fee to the medical institution to have an examination

Questions: 健康保険課 Health Insurance Division **五**245-5146

にていじてんしゃちゅうしゃじょう ていきりょう いちじぼしゅう 指定自転車駐車場 定期利用の 一次募集 First Round of Applications for Designated Bicycle Parking Spots

Chiba City is accepting applications for one year of

regular use (April 1, 2016-March 31, 2017) of parking spots for bicycles, scooters/ mopeds (under 50cc), and motorcycles (over 50-125cc).





集)のお知らせ) from the ward office or designated parking lot. Fill in the appropriate information on the return postcard and turn in your application.

Online applications are also available.

Application period: Until 23:00 of Mon., Nov. 16. Please apply soon.

Cost: Varies depending on the parking lot.

Please see the application.

Additional applications: Parking lots that received few applications will have an additional application period that will accept applications from Fri., Jan. 15, 2016 to Mon., Jan. 25, 2016. More details will be posted on the Chiba City website and the Community Promotion Division at each ward office on Fri., Jan. 15.

Questions: 首転車対策課 Bicycle Policies Division **2**245-5149

マイナンバー制度を かたる (うそをつく)

へんな 電話などに 淫意して ください。

Beware of Fraudulent (False) Phone Calls about the My Number System

Since the My Number System was created, there have been people who try to take advantage of the fact that many people do not understand it well yet. The official My Number system will not make calls asking for My Number identification number, bank accounts, income, etc. If you receive any strange phone calls or emails, call the consumer hotline at 38 188 to report them. If you have become the victim of fraud, etc., please call the police consultation line at 3849110.

Questions: 業務 改革 推進課 Operations Reform Promotion Division **四**245-5112

行って みましょう Events

稲毛記念館の 茶道教室

Tea Ceremony Lessons at the Inage Memorial Hall

Come learn about the traditional Japanese tea ceremony.

When: Wed., 11/18; Fri., 11/20; Wed., 11/25; Fri., 11/27 from

10:00-12:00 (total 4 times) **Eligibility**: Those who have no experience with

the tea ceremony

Capacity: First 20 people

Cost: 2,000 yen (to cover the cost of sweets that

are served with tea)

Apply/Ask: 福毛記念館 Inage Memorial Hall

2277-4534



せんこう そうだん 健康・相談 Health & Consultations

 じょせい
 けんこうそうだん

 女性のための
 健康相談

Health Consultations for Women

Consultations are available for those with physical and emotional issues or concerns due to female hormones, etc.

① Consultation with a female physician (gynecology)

When: Wed., Nov. 18 from 13:15 - 15:20

Where: 市保健所(美浜区 幸 町 1) City Health Center (1 Saiwaicho, Mihama-ku) Reservations (by phone) are required.

② Phone consultations with a registered nurse When: Every Monday – Friday from 9:00 -12:00 and 13:00 to 16:00 (Closed holidays)

Apply/Ask/Consult: 健康 支援課 Health Support Division ☎238-1220

とくせつほうりつそうだん特設法律相談

Special Legal Consultation

When: Sat., Nov. 28 from 13:00 - 16:00

Consultation with a lawyer is available. Consultation involving cases that are currently being mediated or challenged in court is not available.

Capacity: 16 people (approx. 20 minutes per person). Reservations are required.

Reservations will be accepted by phone until Thu., Nov. 19 (phone consultations are not available)

Where: 中央コミュニティセンター2階 Chuo Community Center, 2F (Those with reservations should come directly to the venue)

Apply/Ask: 広聴課 Public Relations Division **公**245-5609

女性の人権ホットライン

Women's Rights Hotline

When: Mon., Nov. 16-Fri., Fri., Nov. 20 from 8:30-19:00, Sat., Nov. 21-Sun., Nov. 22 from 10:00-17:00 Consultation is available for issues involving

women's rights, such as violence from a husband or partner, stalkers, etc. Phone consultations are also available. The consultants are women's rights commissioners and Legal Affairs Bureau staff members. Consultation hotline: \$\mathbb{T}0570-070-810\$

Questions: 男女共同参画課 Gender Equality Division ☎245-5060

こどもの ことばの相談会

Consultation about Children's Words

When: Sat., Dec. 12 from 9:00 - 12:00

Where: Innai Elementary School (1 Yukou, Chuo-ku)

Eligibility: Children with concerns about words/ speaking and hearing ability from ages 3-6 and their guardians

Capacity: First 40 people

Reservations (by phone) are required

Reservations: Call Arakawa at the Chiba City Kotoba-wo-Sodateru Association by Fri., Nov. 20

208-1568

Questions: 障害者自立支援課 Disability Self-Reliance Support Division **西**245-5175

がいこくじん 外国人のための 無料法律相談

Free Legal Consultation for Foreigners

When: Mon., Nov. 16 from 13:00 - 16:00

Where: 予葉市国際交流プラザ 会議室(中央区中

英2) Chiba City International Communication Plaza Conference Room (2 Chuo, Chuo-ku)

Capacity: First 4 people

Reservations are required. Please consult when applying if you would like an interpreter.

Apply/Ask: 手葉市国際交流 協会 Chiba City International Association **西**202-3000



