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千葉市生活情報誌

Chiba City・ちば

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この情報誌は、下記のアドレスよりダウンロードすることができます。

This newsletter is available at:

http://www.ccia-chiba.or.jp/005003jyoho/index.html

Additional information not listed in this publication can be found at the Chiba City International Association's blog which is updated regularly.

Chiba City International Association Blog (URL): http://cciachiba.blog21.fc2.com/

CITY NEWS

世震への 備えを しましょう

家具などの 転倒・落下を 防ごう!!

Prepare for earthquakes and prevent furniture from falling over/dropping!

When an earthquake of a magnitude (strength of shaking) greater than intensity 5 (JMA scale) occurs, the following things may happen:

- TVs falling from stands
- Tableware or books falling from shelves
- Window glass breaking and falling
- Unsecured furniture falling over

By rearranging or securing furniture, you can make your home a safe space and protect your life and the lives of your family.

今からできる 家具類の 備え

Precautions for furniture that can be taken right away

- Think about the direction and place that furniture may fall over when placing it in a room. (Don't place furniture in bedrooms or children's rooms.)
- Don't place objects on top of furniture.
- When storing items, place heavy items at the bottom to stabilize furniture.
- Use metal fittings designed for that purpose to secure furniture to the walls and make it harder to fall down.
- Place safety film on tableware cabinets and windows to prevent the glass from breaking and shattering.

Inquiry: 防災対策課

Disaster Prevention Section 2245-5113

できくひん へった分を 買い

た 足して補充!

Buy new provisions to replenish what you have used!

Prepare for a large earthquake and have supplies ready. At

least three days' worth of supplies is necessary for provisions like drinking water and food. It is also a good idea to buy food that will last a long time (instant noodles, food in retort pouches, canned food, etc.) in large quantities.

Also prepare 3 days' worth of any other living supplies that you may need until relief goods arrive.

In addition, prepare any necessary or important items that need to be taken with you when evacuating.

For more details, please call the Disaster Prevention Section or see the Chiba City website.

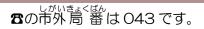
Inquiry: 防災対策課

Disaster Prevention Section ☎245-5113

かぞく しんせき れんらく さいがいようでんごん 家族・親戚との連絡には 災害用伝言サービス

が 利用できます

Message services for disasters are available to contact family and relatives



Even when phones are unusable due to disaster, it is possible to contact people specially using disaster message services.

How to use each service depends on the phone or computer being used. Please ask the company your contract is with or see their website.

ざいがいじょうほう 災害情報は いろいろな方法で 知ることが できます

There are many ways to get disaster information

It is important to know how you can get information about disasters. Please call the Disaster Prevention Section or visit the Chiba City website for more details.

- ♦ Government Disaster Wireless System Information is broadcast from speakers in 133 locations around the city.
- ♦ Chiba City Disaster Prevention Portal Site

The portal site can be accessed from cell phones, smart phones, and computers.

Chiba City's Anzen • Anshin Safety Email Information about crime and disaster prevention is emailed to people who have registered in advance.

Other sources of information include the Chiba City International Association's blog, television, radio, and more.

では、 ひなんばしょ ひなんじょ かくにん 近所の避難場所・避難所を 確認しましょう Confirm the emergency evacuation sites and shelters in your neighborhood

Emergency evacuation sites and emergency evacuation shelters are different.

- Emergency evacuation sites are places where you can go temporarily to stay safe in an earthquake. They are wide spaces such as school grounds and parks.
- → Emergency evacuation shelters are places where you can stay and live when your home has been damaged. They include places such as school gymnasiums.

Look up which emergency evacuation sites/ shelters and dangerous areas are near your home/work or near roads that you usually take on your way to school or work. Speak with your family about how you will communicate with each other in the case of an earthquake.

Inquiry: 危機管理課

Crisis Management Section ₹245-5151

「もうだめだ」のサインに 気づいて!

'It's all over': Notice the warning signs!

Almost 30,000 lives were lost to suicide in Japan last year. It is said that deaths as a result of feeling trapped by many troubles are more common that those due to one's own will. If you or somebody around you is troubled with debt or

mental health, please have a consultation.

◆ こころと命の相談室
(In-person)
Heart and Life
Counseling Room
Reservations required.
(☎216-3618)

When: Every Mon / Fri 18:00 - 21:00 (Open temporarily from Sept 10 (Tue) – Sept 12 (Thu)

Where: 中央区新町18-12 第 8 東ビル 501号 Chuo-ku, Shinmachi 18-12, No. 8 Azuma Building, #501

- ◆ 千葉市こころの電話 Chiba City *Kokoro*Hotline (Consultation-only line ☎204-1583)
 Weekdays from 10:00 12:00, 13:00 17:00
- ♦ Chiba Lifeline **☎**227-3900 (24 hours)
- ♦ Suicide Prevention Lifeline ☎0120-738-556 When: The 10th of each month until March 2014, from 8:00 to 8:00 the next day

千葉県は「振り込め詐欺」全国2位です Chiba Prefecture is 2nd in the nation for bank transfer fraud

Last year's damage was almost 1.5 billion yen and most of the victims were senior citizens.

→ Places such as the *Iki-Iki* Plaza have dispatch consulting services. Please come for a consultation instead of worrying alone.
 (Please call the Consumer



Affairs Center for details such as the time and place)

The 'Senior Citizen Trouble 110' line accepts consultations over the phone. (Consultation-only line ☎207-3000)

When: Sept 19 (Thu) and Sept 20 (Fri) from 9:00 - 16:30

Target: Those living or working in the city who are 60 years of age and above

*The Consumer Affairs Center (Chuo-ku Benten 1) also accepts in-person consultations

Inquiry: 消費生活センター

Consumer Affairs Center ☎207-3602

しょう ちゅうがくせい がくしゅうきょうしつ 小 • 中学生 学習教室

Elementary/Junior High Study Classes

Study classes for arithmetic, mathematics, Japanese, and English are available that include 4 classes per month from October to March. Please inquire for more details.

Where: 中央区は末広教室・花見川区は花見川教室

みはまく まさごきょうしつ 美浜区は真砂教室

Chuo Ward: Suehiro Classroom, Hanamigawa Ward: Hanamigawa Classroom, Mihama Ward: Masago Classroom

Limit: Varies depending on the subject **Fee**: 2,500 yen/month + textbook costs for elementary school students

3,500 yen/month for junior high school students

Apply/Inquiry: 市シルバー人材センター Chiba City Senior Citizens' Employment Center **2**265-0070

行ってみましょう! 第33回 ちびっこ相撲 高浜大会

33rd Takahama Chibikko Sumo Tournament

When: Sep 15 (Sun) from 10:00

where: 南高浜公園 相撲場(美浜区高浜3)

Minami Takahama Park, Sumo field (Mihama-ku,

Takahama 3) Target: Chiba City

elementary school students and those incoming school graders

Individual match:

elimination / knock-out match

A certificate and a prize will be awarded to the top three winners for each category.

Lend out sumo pants and belts for school graders available. Female participants, please bring your own shirt.

Apply: at the reception counter on the same day from 9:00 (must be accompanied by guardian)

Inquiry: スポーツ振興課

Sports Promotion Section 245-5968

BAY SIDE JAZZ 2013 CHIBA

Stardust Jazz

Enjoy the live performance while stargazing at the Planetarium

When: Sep 21 (Sat)

Where: Science Museum (Chuo-ku Chuo

Qiball), Planetarium

Limit: first 200 people, incoming school

graders not allowed

Fee: adults 500 yen, high school students 300

yen, elementary and junior high school students 100 ven

Artist: YAYOI and others

Jazz Parade Check out the flea

market while enjoying the jazz parade

When: Sep 22 (Sun) 12:30 - 13:00 Where: Chiba Ginza shopping street

Artist: The Dixie Express

Jazz Performances

Performance in front of the station When: Sep 22 (Sun) 14:00 - 14:45

Where: Sogo Dep't Store entrance ground

Artist: The Dixie Express

Jazz Train

Performance inside the monorail train When: Sep 23 (Hol)

① 11:11 - 12:38 ②12:46 - 14:05

Where: Special service train.

Departs at Chiba Minato Station Fee: Junior High School students and above 2,000 yen, school graders 500 yen, includes one day monorail pass, incoming school graders not allowed.

Advance purchase at: Chiba City Civic Hall,

Artist: The Hot Swingers

Inquiry: 市文化振興財団 **番**221-2411 Chiba City Foundation of Cultural Promotion

アロハフェスティバル in CHIBA

Aloha Festival in CHIBA

When: Sep 14 (Sat), 15 (Sun), 16 (Hol)

from 10:00 - 20:00

Where: 中央公園 (中央区中央1) Chuo Park (Chuo-ku Chuo 1)

Inquiry: アロハフェスティバル

in CHIBA, 運営事務局

Aloha Festival in CHIBA Secretariat 201-5515

かいせいあんちゃしつこうかい 海星庵茶室公開とお茶のふるまい Kaisean Tea House Opening and Tea Ceremony

When: Sep 15 (Sun), 22 (Sun), 29

(Sun)

from 11:00 - 14:00





Where: 海星庵茶室(稲毛海浜公園内)

Kaiseian Tea House (in Inage Kaihin Park)

Limit: first 100 people each time

Inquiry: 稲毛記念館

Inage Kinenkan **277**-4534 closed 4th Mondays

しょくいく 食育フェスティバル まゃっ たの しょくいくたいけん 「親子で楽しむ食育体験」

Dietary Education for Parent and Child

Consultations for parents of incoming school graders about how to use chopsticks and other dietary related issues.

When: Sep 21 (Sat) from 10:00 - 11:30

Where: あかつきほいくしょ わかばく さかつきちょう 坂月保育所(若葉区坂月町 294-1)

Sakatsuki Public Health Office (Wakaba-ku Sakatsuki-cho 294-1)

Apply/Inquiry: 保育運営課

Child Care Administration Section 2245-5727

動物愛護フェスティバル 2013 in ちば

「いのち・ふれあい・共生」 Animal Protection 2013 in Chiba (Life, Connection, Coexistence)

When: Sep 15 (Sun) 12:00 - 16:00

Where: 千葉ポートタワー(中央区中央港1)とその間辺

Chiba Port Tower (Chuo-ku Chuo Minato 1) and surrounding areas

Lectures on pet training, games, cat adoption, etc. participated by lecturers and pet lovers. Please come directly.

Inquiry: 動物保護指導センター **☎**258-7817 Animal Protection and Guidance Center

ごうどう きぎょうせつめいかい

合同 企業説明会

Joint-Enterprise Briefings

When: Nov 23 (Hol) from 10:00 - 16:00

Where: 千葉ポートアリーナ(中央区問屋町) Chiba Port Arena (Chuo-ku Tonya-cho)

Target: University students in Chiba Pref. or 1st and 2nd year university students whose planning to work in Chiba City (including international students)

Limit: Morning and afternoon, 75 people each timeslot (only discussion with business personnel) **Apply:** until Oct 10 (Thu) if wish to join the discussion. Please call CMN **2**38-6811 to apply.

Inquiry: ぱいざいき かくか 経済企画課

Economic Planning Section 245-5278

保健・相談

Health and Consultations

女性のための 健康相談

Health Consultations for Women

Consult female physician regarding physical and mental health in connection to hormonal balance. Reservation needed.

When: Sep 25 (Wed) from 13:15 – 15:20

Where: 市保健所 (美浜区 幸 町 1)

City's Public Health Office (Mihama-ku

Saiwai-cho 1)

Consultations with public health nurse also available. Ask for details.

Apply/Consult/Inquiry: 健康支援課 Health Support Section ☎238-1220

Chiba City Mother and Child and Widow Welfare Event

The event can be enjoyed by both parents and children where song performances and experience sharing. Please come directly.

When: Sep 29 (Sun) from 14:00 - 16:00

Where: 男女共同参画センター(中央区千葉寺町

ハーモニープラザ南)

Gender Equality Center (Chuo-ku Chibadera-cho, Harmony Plaza)

Inquiry: 健全育成課 **否**245-5179

Wholesome Child Raising Support Section

がいこくじん むりょうほうりつそうだん

外国人のための 無料法律相談

 ${\bf Free}\ {\bf Legal}\ {\bf Consultation}\ {\bf for}\ {\bf Foreigners}$

When: Sep 30 (Mon) from 17:00 - 20:00

 Where:
 キ葉市国際交流プラザ 会議室

(中央区中央2) Chiba

City

International

Communication Plaza,

Conference Room (Chuo-ku Chuo 2)

Limit: First 4 people. Please consult in advance if an interpreter is desired.

Apply/Inquiry: 千葉市国際交流 協会 Chiba City

International Association 2202-3000