



## Special Issue on Novel Coronavirus Infection Control Measures ④

The number of people infected with COVID-19 in Japan has continued to increase this winter.

Please take further measures to prevent infection during the year-end and New Year holidays so that the disease does not spread.

This information is current as of December 21, so please get updated information on your own from any available sources.

### 1. Requests during the year-end and New Year holidays

The number of infected people in Chiba City is increasing, especially those infected while eating meals and among family members. If the number of infected people continues to increase, it will affect general medical care as well. Please pay attention to the following to protect yourself.

#### (1) When you have meals with someone

- ① Refrain from drinking alcohol. If you drink, try to go home after an hour.
- ② Eat meals with someone you meet often in a small group.



#### (2) Elderly people and individuals with an underlying illness.

- ① Don't go to places that could be high risk.  
Avoid going out unless it is essential.
- ② If living with elderly persons, be aware that even if you have no symptoms, you could spread the virus to others.



#### (3) To prevent spread among family members

- ① Wash your hands thoroughly, ventilate and humidify your room often.
- ② Disinfect places that you touch frequently such as door knobs.  
Do not share towels.



## 【 COVID-19 Contact-Confirming Application COCOA】



Please make use of the app, COCOA so you can get a notification when there is a possibility that you had close contact with infected people.

## 2. Regarding restrictions and closures on the use of city-run facilities, and cancellation of events during the year-end and New Year holidays

To prevent the spread of COVID-19, Chiba City's facilities will be closed or restricted from Saturday, December 26th to Monday to January 11th (holiday).

In addition, events held by the city will be cancelled or changed.

Thank you for your understanding and cooperation.

For more details,



## 【Information on CCIA's New Year Holidays】

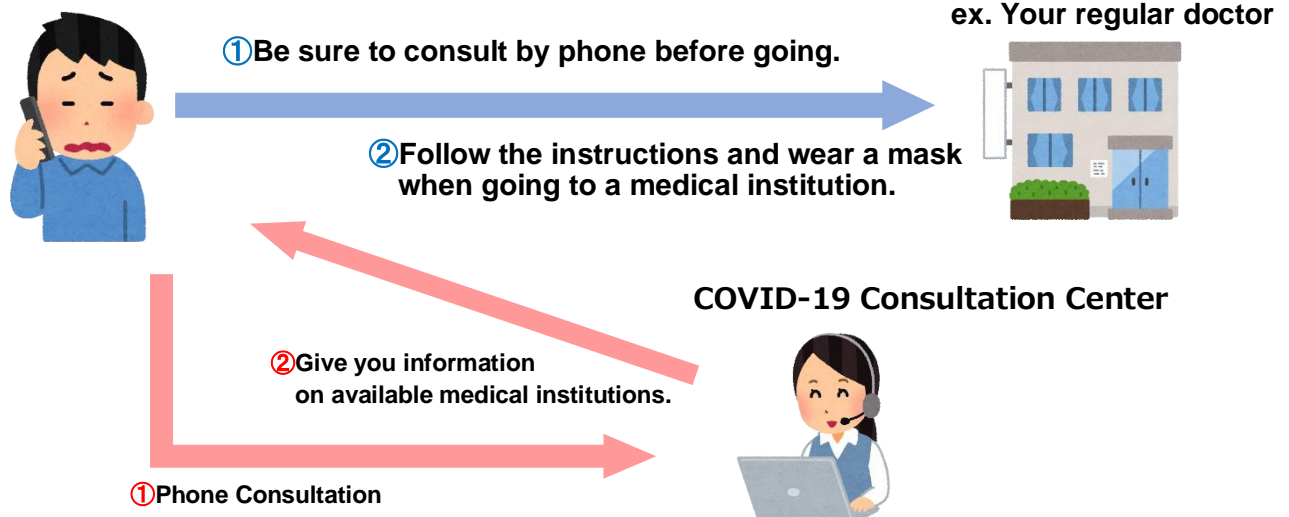
We will be closed from Tuesday, December 29 to Sunday, January 3 and will be open from Monday, January 4.

Ask: Chiba City International Association TEL: 0 4 3 - 2 4 5 - 5 7 5 0

## 3. When you have symptoms including a fever

First of all, please be sure to call your regular doctor or another medical facility near you before going to see a doctor. If your medical institution is not available or not able to perform a medical examination, or you don't know where to call, please contact COVID-19 consultation center below.

(You will be able to get information on available medical institutions.)



### 【COVID-19 Consultation Center】

TEL: 0 4 3 - 2 3 8 - 9 9 6 6 Hours: 9:00 - 19:00

\* Available until 17:00 on Saturdays, Sundays, Statutory holidays including Tuesday, December 29 to Sunday, January 3.

E-mail: chibashicorona@city.chiba.lg.jp

\* Please note that email inquiries may take some time.

### 【Emergency Clinic】

In addition to Sundays and statutory holidays, it will be available from Tuesday, December 29<sup>th</sup> to Sunday, January 3<sup>rd</sup> for patients with sudden illness who need emergency care.

TEL : 0 4 3 - 2 4 4 - 5 3 5 3

Address: みはま区 さいわい幸町 1-3-9 そうごうほけんいりょう総合保健医療センター内 ない

1-3-9 Saiwai cho, Mihama-ku Inside General Health Care Center

Operating hours: 8:30 ~ 11:30, 13:00 ~ 16:30

## 4. Chiba City International Association

### “Daily Living Consultation Desk for Foreign Residents”

For people struggling with Japanese, you may consult in foreign languages (English, Chinese, Korean, Spanish, Vietnamese). Please ask or check the QR code below to see when you can consult in your desired language.

Hours: 9:00 - 19:30, Monday to Friday

9:00 - 16:30, Saturday

\* Closed on Sundays and holidays



【Consult/Ask】 TEL: 0 4 3 - 2 4 5 - 5 7 5 0 E-Mail: ccia@ccia-chiba.or.jp

## 5. Obtaining Recent Information

### “Please make sure to verify and confirm recent information”

Information regarding the novel coronavirus changes every day. It takes time for paper notifications such as the Chiba City Newsletter to reach the citizens. The following are methods that deliver the latest information in real time. Please make the preparations needed to be able to receive the information when using any of these methods.

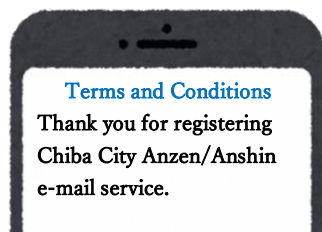
### 【Chiba City Anzen/Anshin Emails】

1 Send a blank email to entry@chiba-an.jp

2 Open the URL that is in the reply email



3 Register by following the instructions on the screen



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